

Returning Veterans Project Presents
a
Women Veterans Art Group

Free on Tuesday Afternoons

Dates: 10/10, 10/17, 10/24, 11/7, 11/14, 11/28, 12/5 & 12/12

1:30 - 3:30 pm at First Baptist Church
Includes two visits to the Portland Art Museum Dates TBA



To Register: Contact Project' Art Therapists
Sarah Adinolfi, MA, LPC, ATR or Shoko White, MA, LPC, ATR-BC
(503) 954-2259 EXT 106 or lifepassagetherapy@gmail.com

Returning Veterans Project offers this free, confidential art group

- **All you need** is an interest in art and your own creativity to help foster stress-reduction, self-expression, healing and fun.
- **Activities include:** creating your own art, viewing works of art at the Portland Art Museum and discussion.
- **Materials:** Paint, canvasses and a wide variety of art supplies will be provided at no cost.
- **Location:** First Baptist Church at: **909 SW 11th Ave, Portland, OR 97205**
- **Dates/Time:** **Tuesdays** on the dates listed above from: **1:30 pm to 3:30 pm**

(Due to funding, we are unable to provide transportation.)