

RETURNING VETERANS PROJECT
VOLUNTEER PROVIDER SUGGESTED READING

Ed Tick: War and the Soul

Lt. Col. Dave Grossman: On Killing

Keith Armstrong, et.al.: Courage after Fire

John Crawford: The Last True Story I'll Ever Tell

Kayla Williams: Love My Rifle More Than You: Young and Female in the U.S. Army

Tim O'Brien: The Things They Carried

Chris Hedges: War is a Force That Gives Us Meaning

John Bruning: The Devil's Sandbox: At War in Iraq

Jonathan Shay: Achilles in Vietnam

Jonathan Shay: Odysseus in America

Iona Meagher: Moving a Nation to Care: Post-Traumatic Stress Disorder and America's Returning Troops

Glenn R. Schiraldi: The Post-Traumatic Stress Disorder Sourcebook: A Guide to Healing, Recovery, and Growth.

Claude Anshin Thomas: At Hell's Gate: A Soldier's Journey from War to Peace (Vietnam vet)

Judith Herman: Trauma and Recovery (This is an excellent model for working with trauma)

Matther Friedman: Post-Traumatic and Acute Stress Disorders

Laurie B. Sloane, and Matthew Friedman: After the War Zone – A Practical Guide

Patience H.C. Mason: Recovering from the War: A Guide for all veterans, family members, friends and therapists